



# Fuchsia Whole Wheat Flakes Multi-Herbs Mediterranean Salad

A Mediterranean Salad with Fuchsia Whole Wheat Flakes Multi-Herbs is a refreshing and nutritious dish that combines the vibrant flavors of the Mediterranean region with the wholesome goodness of wheat flakes. This salad typically features a colorful array of fresh vegetables, herbs, and other Mediterranean-inspired ingredients, all tossed together to create a harmonious and satisfying dish.



## Ingredients

- 1 cup Fuchsia Whole Wheat Flakes Multi-Herbs
- 2 cup chopped lettuce, cucumbers, carrots, baby radish
- 1 cup feta cheese
- 2 sliced apricots
- 1/2 cup pomegranate seeds
- 5 tsp virgin olive oil
- 3 tsp fresh lemon juice
- 2 tsp pomegranate molasses



## Instructions

- Combine chopped lettuce, cucumbers, carrots, baby radishes, feta cheese, sliced apricots, and pomegranate seeds in a bowl.
- Drizzle with virgin olive oil, lemon juice, and pomegranate molasses.
- Add Fuchsia Whole Wheat Flakes Multi-Herbs.
- Mix well and enjoy!

